

## CONSENT FOR TREATMENT OF MINORS

Child Client's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

We (parent/guardian) \_\_\_\_\_ and \_\_\_\_\_ do hereby **consent to and authorize ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION** to perform all therapy, treatment and counseling, which is judged by it or its therapists to be necessary or advisable. We understand that treatment is optional, and that we may revoke consent in writing.

### Confidentiality Agreement – Please initial below

\_\_\_\_\_ We agree and understand that these services are confidential, and treatment records will be maintained exclusively for our child's well-being.

\_\_\_\_\_ We agree and understand that only general information, but not private details, of our child's therapy will be shared with us, unless a breach of confidentiality is indicated by legal reasons. Special sensitivity may be required in releasing information about certain topics such as drugs and sex. We will accept the therapist's judgment in regard to releasing or sharing information obtained during the course of psychotherapy with our child.

\_\_\_\_\_ We further understand that all records of our child's treatment will be withheld, unless we specifically authorize a release of such information.

\_\_\_\_\_ We understand that upon termination of services, our child's records will be stored by ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION for seven (7) years, at which time they will be destroyed, as required by law.

### Exceptions to Confidentiality – Please initial below

We understand and agree that ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION and its therapists may be legally required and are permitted to disclose our child's confidential communications or records, without regard to our consent, under any of the following circumstances:

- \_\_\_\_\_ (1) If our child presents a serious risk of harm to myself, to others, or to property.
- \_\_\_\_\_ (2) If there is a suspected instance of child abuse or elder abuse.
- \_\_\_\_\_ (3) If a court orders that the communications or records be disclosed.

### Technology & Communication – Please initial below

\_\_\_\_\_ We understand that if we communicate with our child's therapist via text message or email, we am consenting to allow a third-party carrier to transmit our communications, and we am aware that there is a potential for confidentiality breaches when using this technology.

\_\_\_\_\_ We understand that ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION does not provide 24-hour service or crisis service. If we are unable to reach our child's therapist or are feeling that our child is feeling unsafe or require immediate medical care or immediate mental health or psychiatric assistance, we understand we need to contact primary care physician, psychiatrist, go to the nearest emergency room or call 911.

### Risks & Benefits of Therapy - Please initial at the end of the paragraph

We understand that:

Psychotherapy is a process in which therapists and clients discuss a variety of issues, events, experiences and memories to create positive change, so that clients can experience their lives more fully. Psychotherapy is a joint effort between a client and a therapist. Progress and success may vary depending upon the problems and issues being addressed. During the therapeutic process some clients feel worse before they feel better. Since therapy often involves discussing unpleasant aspects of clients' lives, clients may experience uncomfortable feelings like sadness, guilt, anger, frustration, lone-

liness, and helplessness; other risks include lack of improvement and disruptions in life as a result of therapeutic changes. Even though psychotherapy has been shown to have benefits for people who go through it, including: better relationships, solutions to specific challenges, and significant reductions in feelings of distress, there are no guarantees as to what clients will experience. There may indeed be alternative treatment methods for a client's condition, and I can discuss these alternatives with my therapist at any time.

**Termination of Therapy - Please initial below**

\_\_\_\_\_ We understand that ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION reserves the right to terminate therapy at its discretion. Reasons for termination include, but are not limited to, untimely payment of fees, failure to comply with treatment recommendations, conflicts of interest, failure to participate in therapy, client needs are outside the scope of competence or practice of therapists of ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION, or client is not making adequate progress in therapy. Clients have the right to terminate therapy at their discretion. Upon either party's decision to terminate therapy, therapists generally recommend that clients participate in at least one termination session to facilitate a positive termination experience and give both parties an opportunity to reflect on the work that has been done. ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION will also attempt to ensure smooth transition to another therapist by offering referrals.

**Appointments & Cancellation Policies – Please initial below**

\_\_\_\_\_ We understand that ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION is setting aside a regular appointment time for us, and we agree to attend appointments consistently in order to hold our appointment time.

\_\_\_\_\_ We further understand and agree that we will be billed for appointments that have not been canceled or rescheduled 24 hours in advance.

**Fees & Payment Agreement – Please initial below**

\_\_\_\_\_ We agree that we are responsible for payment of \$250.00 per 50 minutes session, and that a check payable to ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION or cash is due at the beginning of the session in the amount indicated.

\_\_\_\_\_ We understand that our session fee is subject to an increase periodically, the amount of which will be discussed with us prior to the increase taking effect.

\_\_\_\_\_ We understand that we may be billed for phone sessions and/or clinical consultations longer than ten (10) minutes at the same rate as above, pro-rated in ten-minute (10) increments, and also may be billed for shorter consultations if, cumulatively, they exceed ten (10) minutes.

\_\_\_\_\_ We understand that ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION does not bill insurance directly, but may provide an itemized statement upon our request. We agree that it is our responsibility to seek reimbursement from our insurance company, if we so desire, and that **we are responsible for all fees.**

Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Received: ADVANCE, A LICENSED CLINICAL SOCIAL WORKER CORPORATION Date: \_\_\_\_\_

by:

Therapist's signature: \_\_\_\_\_

Katya Kosarenko, LCSW